India (Ages 13-15) Global Youth Tobacco Survey (GYTS)



The India GYTS includes data on prevalence of cigarette and other tobacco use as well as information on five determinants of tobacco use: access/availability and price, exposure to secondhand smoke (SHS), cessation, media and advertising, and school curriculum. These determinants are components India could include in a comprehensive tobacco control program.

The India GYTS was a school-based survey of students in grades 8, 9 and 10 conducted in 2009.

A two-stage cluster sample design was used to produce representative data for India. At the first stage, schools were selected with probability proportional to enrollment size. At the second stage, classes were randomly selected and all students in selected classes were eligible to participate. The school response rate was 98.3%, the class response rate was 100.0%, the student response rate was 80.9%, and the overall response rate was 79.6%. A total of 10,112 students aged 13-15 participated in the India GYTS.

Prevalence

- 14.6% currently use any tobacco product (Boy = 19.0%, Girl = 8.3%)
- 4.4% currently smoke cigarettes (Boy = 5.8%, Girl = 2.4%)
- 12.5% currently use other tobacco products (Boy = 16.2%, Girl = 7.2%)
- 15.5% of never smokers are likely to initiate smoking next year

Knowledge and Attitudes

- 24.0% think boys and 13.4% think girls who smoke have more friends
- 21.1% think boys and 15.6% think girls who smoke look more attractive

Access and Availability - Current Smokers

- 5.7% usually smoke at home
- 47.0% buy cigarettes in a store
- 56.2% who bought cigarettes in a store were NOT refused purchase because of their age

Exposure to Secondhand Smoke (SHS)

- 21.9% live in homes where others smoke in their presence
- 36.6% are around others who smoke in places outside their home
- 63.9% think smoking should be banned from public places
- 66.8% think smoke from others is harmful to them
- 26.4% have one or more parents who smoke
- 9.5% have most or all friends who smoke

Cessation - Current Smokers

- 66.1% want to stop smoking
- 67.2% tried to stop smoking during the past year
- 94.3% have ever received help to stop smoking

Media and Advertising

- 77.5% saw anti-smoking media messages, in the past 30 days
- 74.4% saw pro-cigarette ads on billboards, in the past 30 days
- 8.1% were offered free cigarettes by a tobacco company representative

School

- 63.3% had been taught in class, during the past year, about the dangers of smoking
- 37.8% had discussed in class, during the past year, reasons why people their age smoke
- 55.9% had been taught in class, during the past year, the effects of tobacco use

Highlights

- 14.6% of students currently use any form of tobacco; 4.4% currently smoke cigarettes; 12.5% currently use some other form of tobacco.
- SHS exposure is moderate one in five students live in homes where others smoke, and more than one-third of the students are exposed to smoke around others outside of the home; one-quarter of the students have at least one parent who smokes.
- Two-thirds of the students think smoke from others is harmful to them.
- Over 6 in 10 students think smoking in public places should be banned.
- Two-thirds of the current smokers want to stop smoking.
- Three-quarters of the students saw anti-smoking media messages in the past 30 days; three-quarters of the students saw pro-cigarette ads on billboards.