# **GYTS Objectives**

The Global Youth Tobacco Survey (GYTS), a component of the Global Tobacco Surveillance System (GTSS), is a global standard for systematically monitoring youth tobacco use and tracking key tobacco control indicators.

GYTS is a cross-sectional, nationally representative school-based survey of students in grades associated with ages 13 to 15 years. GYTS uses a standard core questionnaire, sample design, and data collection protocol. It assists countries in fulfilling their obligations under the World Health Organization (WHO) Framework Convention on Tobacco Control (FCTC) to generate comparable data within and across countries. WHO has developed MPOWER, a technical package of selected demand reduction measures contained in the WHO FCTC:



Monitor tobacco use & prevention policies

Protect people from tobacco smoke

Offer help to quit tobacco use

Warn about the dangers of tobacco

Enforce bans on tobacco advertising, promotion, & sponsorship

Raise taxes on tobacco

## **GYTS Methodology**

GYTS uses a global standardized methodology that includes a two-stage sample design with schools selected with a probability proportional to enrollment size. The classes within selected schools are chosen randomly and all students in selected classes are eligible to participate in the survey. The survey uses a standard core questionnaire with a set of optional questions that countries can adapt to measure and track key tobacco control indicators. The questionnaire covers the following topics: tobacco use (smoking and smokeless), cessation, secondhand smoke (SHS), pro- and anti-tobacco advertising and promotion, access to and availability of tobacco products, and knowledge and attitudes regarding tobacco use. The questionnaire is self-administered; using scannable paper-based bubble sheets, it is anonymous to ensure confidentiality.

In Thailand, GYTS was conducted in 2022 by the Office of Tobacco Products Control Committee under the coordination of the Ministry of Health. The overall response rate was 64.4%. A total of 7,846 eligible students in grades 7-9 completed the survey, of which 6,752 were aged 13-15 years. Data are reported for students aged 13-15 years.

## **GYTS Highlights**

#### **TOBACCO USE**

- 12.5% of students, 17.3% of boys, and 7.9% of girls currently used any tobacco products.
- 11.4% of students, 15.6% of boys, and 7.3% of girls currently smoked tobacco.
- 8.1% of students, 11.4% of boys, and 4.8% of girls currently smoked cigarettes.
- 3.2% of students, 4.7% of boys, and 1.7% of girls currently used smokeless tobacco.

#### **ELECTRONIC CIGARETTES**

• 17.6% of students, 20.2% of boys, and 15.0% of girls currently used electronic cigarettes.

#### **CESSATION**

- Almost 8 in 10 (76.9%) students who currently smoked tobacco tried to stop smoking in the past 12 months.
- Almost 6 in 10 (59.0%) students who currently smoked tobacco wanted to stop smoking now.

#### SECONDHAND SMOKE

- 26.0% of students were exposed to tobacco smoke at home.
- 32.4% of students were exposed to tobacco smoke inside enclosed public places.

#### **ACCESS & AVAILABILITY**

- 71.9% of students who currently smoked cigarettes bought cigarettes from a store, small grocery, stall, flea marker, or convenience store.
- Among students who currently smoked cigarettes who tried to buy cigarettes, 33.6% were not prevented from buying them because of their age.

### **ADVERTISING & PROMOTION**

- More than 6 in 10 (61.3%) students noticed anti-tobacco messages in the media.
- More than 3 in 10 (31.3%) students noticed tobacco advertisements or promotions when visiting points of sale.
- More than 1 in 10 (12.5%) students had something with a tobacco brand logo on it.

#### **KNOWLEDGE & ATTITUDES**

• 66.9% of students definitely thought other people's tobacco smoking is harmful to them.

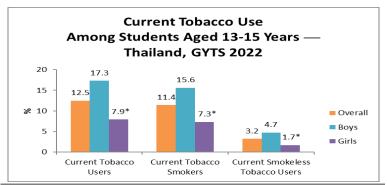








TOBACCO USE			
ANY TOBACCO USE (smoked and/or smokeless)	OVERALL (%)	BOYS (%)	GIRLS (%)
Current tobacco users <sup>1</sup>	12.5	17.3	7.9*
Ever tobacco users <sup>2</sup>	27.6	35.8	19.6*
SMOKED TOBACCO			
Current tobacco smokers <sup>3</sup>	11.4	15.6	7.3*
Current cigarette smokers <sup>4</sup>	8.1	11.4	4.8*
Frequent cigarette smokers <sup>5</sup>	1.4	2.2	0.7*
Current smokers of other tobacco <sup>6</sup>	6.3	8.1	4.5*
Ever tobacco smokers <sup>7</sup>	26.4	34.3	18.7*
Ever cigarette smokers <sup>8</sup>	23.0	30.4	15.9*
Ever smokers of other tobacco <sup>9</sup>	11.7	15.0	8.5*
SMOKELESS TOBACCO			
Current smokeless tobacco users <sup>10</sup>	3.2	4.7	1.7*
Ever smokeless tobacco users <sup>11</sup>	4.9	7.2	2.7*
SUSCEPTIBILITY			
Never to bacco users susceptible to to bacco use in the future $^{\rm 12}$	19.1	22.1	16.6*
Never to bacco smokers who thought they might enjoy smoking a cigarett e $^{\rm 13}$	16.5	21.3	12.6*



## ELECTRONIC CIGARETTES

	OVERALL (%)	BOYS (%)	GIRLS (%)
Current electronic cigarette users <sup>14</sup>	17.6	20.2	15.0*
Ever electronic cigarette users <sup>15</sup>	37.3	41.4	33.2*

### **CESSATION**

	OVERALL (%)	BOYS (%)	GIRLS (%)
Current tobacco smokers who tried to stop smoking in the past 12 months	76.9	76.8	77.0
Current tobacco smokers who wanted to stop smoking now	59.0	59.8	57.5
Current tobacco smokers who thought they would be able to stop smoking if they wanted to	68.2	66.7	71.3
Current tobacco smokers who have ever received help/advice from a program or professional to stop smoking	20.8	21.0	20.4

## **SECONDHAND SMOKE**

	OVERALL (%)	BOYS (%)	GIRLS (%)
Exposure to tobacco smoke at home <sup>16</sup>	26.0	25.8	26.1
Exposure to tobacco smoke inside any enclosed public place <sup>16</sup>	32.4	30.9	33.9
Exposure to tobacco smoke at any outdoor public place <sup>16</sup>	30.7	29.1	32.2
Students who saw anyone smoking inside the school building or outside on school property <sup>17</sup>	45.6	50.2	41.2*

ACCESS & AVAILABILITY			
	OVERALL (%)	BOYS (%)	GIRLS (%)
Current cigarette smokers who bought cigarettes from a store, small grocery, stall, flea marker, or convenience store <sup>18</sup>	71.9	71.0	74.1
Current cigarette smokers who were not prevented from buying cigarettes because of their $age^{19}$	33.6	33.1	34.8
Current cigarette smokers who bought cigarettes as individual sticks <sup>20</sup>	37.4	36.5	39.3

ADVERTISING & PROMOTION				
TOBACCO ADVERTISING & PROMOTION	OVERALL (%)	BOYS (%)	GIRLS (%)	
Students who noticed to bacco advertisements or promotions at points of ${\rm sale^{21}}$	31.3	32.2	30.6	
Students who saw anyone using tobacco on television, videos, or movies <sup>22</sup>	68.1	67.1	69.0	
Students who were ever offered a free tobacco product from a tobacco company representative	11.1	15.0	7.2*	
Students who had something with a tobacco brand logo on it	12.5	17.3	7.8*	
ANTI-TOBACCO ADVERTISING & PROMOTION				
Students who noticed anti-tobacco messages in the media <sup>17</sup>	61.3	60.1	62.4	
Students who noticed anti-tobacco messages at sporting or community events <sup>23</sup>	62.4	65.8	59.8*	
Current tobacco smokers who thought about quitting because of a warning label <sup>24</sup>	28.6	28.6	28.4	
Students who were taught in school about the dangers of tobacco use in the past 12 months	65.8	65.1	66.6	

KNOWLEDGE & ATTITUDES			
	OVERALL (%)	BOYS (%)	GIRLS (%)
Students who definitely thought it is difficult to quit once someone starts smoking tobacco	18.4	15.5	21.3*
Students who thought smoking tobacco helps people feel more comfortable at celebrations, parties, and social gatherings	16.7	15.4	17.9*
Students who definitely thought other people's tobacco smoking is harmful to them	66.9	61.1	72.5*
Students who favored prohibiting smoking at outdoor public places	81.9	80.4	83.3

<sup>1</sup> Smoked cigarettes, smoked other type of tobacco, and/or used smokeless tobacco anytime during the past 30 days. <sup>2</sup> Ever smoked tobacco and/or used smokeless tobacco. <sup>3</sup> Smoked cigarettes or other type of tobacco anytime during the past 30 days. <sup>5</sup> Smoked cigarettes anytime during the past 30 days. <sup>5</sup> Smoked cigarettes anytime during the past 30 days. <sup>5</sup> Smoked cigarettes or other type of tobacco, even one or two puffs. <sup>5</sup> Ever smoked cigarettes or other type of tobacco, even one or two puffs. <sup>5</sup> Ever smoked cigarettes, even one or two puffs. <sup>5</sup> Ever smoked cigarettes, even one or two puffs. <sup>5</sup> Ever smoked tobacco other than cigarettes, even one or two puffs. <sup>5</sup> Ever smoked cigarettes, even one or two puffs. <sup>5</sup> Ever smoked tobacco other than cigarettes, even one or two puffs. <sup>5</sup> Used smokeless tobacco anytime during the past 30 days. <sup>11</sup> Ever used smokeless tobacco. <sup>12</sup> Susceptible to future tobacco use includes those who answered "definitely yes", "probably yes", or "probably not" to using tobacco during the next 12 months. <sup>13</sup> Those who answered "Agree" or "Strongly Agree" to the statement: "I think I might enjoy smoking a cigarette. <sup>14</sup> Used electronic cigarettes anytime during the past 30 days. Current use of electronic cigarettes is assessed separately from cigarettes, other smoked tobacco products, and smokeles tobacco products and is not included in the current definition of current any tobacco use. <sup>15</sup> Ever used electronic cigarettes in their entire life. <sup>16</sup> During the past 7 days. <sup>17</sup> During the past 30 days. <sup>18</sup> Boutlet from which current cigarettes mokers bought cigarettes the last time they smoked cigarettes in the past 30 days. <sup>19</sup> Among those who bought cigarettes during the past 30 days. <sup>21</sup> Among those who wisted a point of sale in the past 30 days. <sup>22</sup> Among those who watched television, videos, or movies in the past 30 days. <sup>23</sup> Among those who noticed warning labels on cigarette packages in the past 30 days.

**NOTE:** Data are weighted to be nationally representative of all students aged 13-15 years who are enrolled in school. Percentages reflect the prevalence of each indicator in each group, not the distribution across groups.

<sup>\*</sup>Gender comparisons are statistically significant at p < 0.05.