

Sao Tomé & Príncipe 2010 (Ages 13-15) Global Youth Tobacco Survey (GYTS) FACT SHEET



The Sao Tomé & Príncipe GYTS includes data on prevalence of cigarette and other tobacco use as well as information on five determinants of tobacco use: access/availability and price, exposure to secondhand smoke (SHS), cessation, media and advertising, and school curriculum. These determinants are components Sao Tomé & Príncipe could include in a comprehensive tobacco control program.

The Sao Tomé & Príncipe GYTS was a school-based survey of students in forms 7e through 10e conducted in 2010.

The Sao Tomé & Príncipe GYTS was a survey of students in eight schools. All students in the schools and classes were eligible to participate in the survey. A total of 8,525 students participated in the 2010 GYTS of which 3,638 were ages 13-15 years.

Prevalence

- 7.1% of students had ever smoked cigarettes (Boys = 9.8%, Girls = 4.9%)
- 26.2% currently use any tobacco product (Boys = 30.7%, Girls = 22.7%)
- 4.4% currently smoke cigarettes (Boys = 6.1%, Girls = 3.0%)
- 25.6% currently use other tobacco products (Boys = 30.1%, Girls = 22.2%)
- 16.0% of never smokers are likely to initiate smoking next year

Knowledge and Attitudes

- 17.3% think boys and 13.5% think girls who smoke have more friends
- 27.4% think boys and 24.7% think girls who smoke look more attractive

Exposure to Secondhand Smoke (SHS)

- 18.2% live in homes where others smoke in their presence
- 45.1% are around others who smoke in places outside their home
- 48.4% think smoking should be banned from public places
- 51.3% think smoke from others is harmful to them
- 6.0% have one or more parents who smoke
- 3.0% have most or all friends who smoke

Cessation - Current Smokers

- 88.4% want to stop smoking
- 76.9% tried to stop smoking during the past year

Media and Advertising

- 76.8% saw anti-smoking media messages, in the past 30 days
- 64.4% saw pro-cigarette ads on billboards, in the past 30 days
- 59.8% saw pro-cigarette ads in newspapers or magazines, in the past 30 days
- 9.8% have an object with a cigarette brand logo
- 3.7% were offered free cigarettes by a tobacco company representative

School

- 58.1% had been taught in class, during the past year, about the dangers of smoking
- 16.8% had discussed in class, during the past year, reasons why people their age smoke
- 23.6% had been taught in class, during the past year, the effects of tobacco use

Highlights

- 26.2% currently use any form of tobacco; 4.4% currently smoke cigarettes; 25.6% currently use other tobacco products
- SHS exposure – 18.2% of students live in homes where others smoke, and 45.1% of students are around others who smoke in places outside their home; 6.0% of students has at least one parent who smokes
- Over half the students think smoke from others is harmful to them
- Almost half the students think smoking in public places should be banned
- Almost nine in 10 current smokers want to stop smoking
- One in 10 students has an object with a cigarette brand logo on it
- Over three-quarters of the students saw anti-smoking media messages in the past 30 days; close to two-thirds of the students saw pro-cigarette ads on billboards and three in five saw pro-cigarette ads in newspapers or magazines in the past 30 days