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The Laos GYTS includes data on prevalence of cigarette and other tobacco use as well as information on five determinants of tobacco use: access/availability and price, exposure to secondhand smoke (SHS), cessation, media and advertising, and school curriculum. These determinants are components could include in a comprehensive tobacco control program.

The Laos GYTS was a school-based survey of students in grades 2, 3 and 4 conducted in 2003. A two-stage cluster

sample design was used to produce representative data for Laos. At the first stage, schools were selected with probability proportional to enrollment size. At the second stage, classes were randomly selected and all students in selected classes were eligible to participate. The school response rate was 100.0%, the class response rate was 100.0%, the student response rate was 92.7%, and the overall response rate was 92.7%. A total of 6,536 students aged 13-15 participated in the Laos GYTS.

#### Prevalence

10.7% of students had ever smoked cigarettes (Boy = 18.5%, Girl = 2.3%)
9.8% currently use any tobacco product (Boy = 15.4%, Girl = 3.3%)
6.1% currently smoke cigarettes (Boy = 11.2%, Girl = 0.7%)
5.0% currently use other tobacco products (Boy = 6.8%, Girl = 2.9%)
7.3% of never smokers are likely to initiate smoking next year

#### Knowledge and Attitudes

19.5% think boys and 6.2% think girls who smoke have more friends 11.8% think boys and 5.8% think girls who smoke look more attractive

#### Access and Availability - Current Smokers

22.2% usually smoke at home

40.7% buy cigarettes in a store

57.3% who bought cigarettes in a store were NOT refused purchase because of their age

### Exposure to Secondhand Smoke (SHS)

42.8% live in homes where others smoke in their presence

56.4% are around others who smoke in places outside their home

55.3% think smoking should be banned from public places

61.7% think smoke from others is harmful to them

48.8% have one or more parents who smoke

3.8% have most or all friends who smoke

### **Cessation - Current Smokers**

91.4% want to stop smoking85.2% tried to stop smoking during the past year83.9% have ever received help to stop smoking

#### Media and Advertising

91.8% saw anti-smoking media messages, in the past 30 days56.7% saw pro-cigarette ads on billboards, in the past 30 days57.7% saw pro-cigarette ads in newspapers or magazines, in the past 30 days10.5% were offered free cigarettes by a tobacco company representative

#### School

65.1% had been taught in class, during the past year, about the dangers of smoking 45.5% had discussed in class, during the past year, reasons why people their age smoke 60.2% had been taught in class, during the past year, the effects of tobacco use

## Highlights

- 9.8% of students currently use any form of tobacco; 6.1% currently smoke cigarettes; 5.0% currently use some other form of tobacco.
- SHS exposure is high over 2 in 5 students live in homes where others smoke, and nearly 6 in 10 students are exposed to smoke around others outside of the home; almost half the students have at least one parent who smokes.
- More than 6 in 10 students think smoke from others is harmful to them.
- Over half the students think smoking in public places should be banned.
- Over 9 in 10 current smokers want to stop smoking.
- Nine in 10 students saw antismoking media messages in the past 30 days; close to 3 in 5 students saw pro-cigarette ads on billboards and in newspapers or magazines in the past 30 days.